

Weekly Lesson Plan

Our weekly lesson plan is professionally formatted with clear goals and aligned with development domains (SLD: Social-Emotional Development, LLD: Language and Literacy Development, COG: Cognitive Development). Purpose: Support whole-child development through activities focused on SLD / LLD / COG	Site: Ben Painter Elementary School Program: Bilingual Early Learning Preschool Age Group: Preschool (3–5 years old)
Weekly Theme Focus: All About Me, Community Helpers, Ocean Life, Nature, Transportation	Week of: July 14 – July 18, 2025

Day/Themes	Monday <i>All About Me</i>	Tuesday <i>Community Helpers</i>	Wednesday <i>Ocean Life</i>	Thursday <i>Nature</i>	Friday <i>Transportation</i>
Circle Time	Read “ <i>I Like Myself</i> ” by Karen Beaumont	Read “ <i>Clothesline Clues to Jobs People Do</i> ” by Kathryn Heling	Read “ <i>Mister Seahorse</i> ” by Eric Carle	Read “ <i>The Tiny Seed</i> ” by Eric Carle	Read “ <i>Freight Train</i> ” by Donald Crews
Activity	Show and Tell: Share your favorite toy	Dramatic Play: Dress up as community helpers	Sensory Bin: Sea life figures with blue water beads	Nature Walk: Collect leaves and natural items	Pretend Play: Build and drive cardboard box cars
Language / Arts	Self-Portrait Drawing with crayons and mirrors	Fire Truck Collage using red paper, glitter, and cotton balls	Bubble Wrap Fish Printing with blue/green paint	Leaf Rubbings using crayons and paper	Car Wheel Painting: Roll toy cars through paint on paper
Songs / Music	"If You're Happy and You Know It"	"Helping Hands" (community helper theme)	"Slippery Fish"	"This is the Way We Plant"	"Wheels on the Bus"
Development Focus	SLD – Self-awareness and confidence LLD – Expressive language	COG – Role-play and community awareness LLD – Vocabulary expansion	COG – Cause and effect, sensory exploration LLD – Listening and following directions	SLD – Respecting nature, cooperation COG – Observing the natural world	COG – Movement and direction LLD – Positional language (over, under, fast)